RED NOSE RUN 2018

VOLUNTEER ASSIGNMENTS

WARM UP AREA @2180 Upper Water Street – Halifax Water Plant

2 on point Entry Gate Patrol:

The staging area at the water treatment plant parking lot is reserved for runner warmup. Keeping autos out of this area is important. At approximately 5:50 pm, under the direction of the race director, prompt and escort the runners to move quickly to the start line area (under CFB Dockyard Gantry) 250 feet to the north. Over a PA, runners will be instructed and encouraged to select a running speed appropriate pen; #1 FAST, #2 SLOW, #3 parents with STROLLERS and those who will WALK.

In advance of the START HORN, enter the LEAD VEHICLE to be driven to FINISH LINE. During the ride, back seated voli will assist the Race Director with call outs of first runner's position behind the vehicle. Front seated voli notifies finish line operations director when the START HORN sounds and reports intersection progress along the route, both via supplied two-way radio. Enjoy a fast ride behind 4 motorcycle policemen to Finish Line. Assist at Finish Line as requested by Race Director.

Equipment: 2 tall pilons will be provided to block off PARKING LOT access. Safety Vests are to worn.

Late BIB Pick UP and INQUIRY: (2 Chronicle Herald supplied staff)

Some runners will not have picked up their BIBS earlier in the day. You will have a list of affected runners. Provide them a bib and 4 pins at the treatment plant building entrance CHRONICLE HERALD TENT. There are 2 port-a-potties within the warm up area. Just in case anyone needs assistance, you are there to help. Glow sticks inside will light inside the portable toilets. Spare Tissue is at the TENT.

Equipment: A TABLE will be provided. Extra Toilet Paper will be stored here.

START LINE @ Arch Valour Way CFB Dockyard (3 on point voli):

<u>1 on point START LINE MONITOR</u>: Keeping the runners behind the start line until the AIR HORN starts the run . This keeps it fair. A ROPE will assist you. Be firm but polite.

2 on point CORAL ATTENDANTS: Some runners are very fast, most are not. Then there are walkers and parents with strollers. To make the start safer, you will construct 3 corals to separate the entrants by their speediness. The start lane is one southbound traffic lane wide. The other lane, is a northbound one, and must be kept unobstructed (open) to meet our permitting requirements with DND for emergency access.

Equipment: 4 Bollards and Bases, 3 sections of 20' rope. Encourage people to gather in the most appropriate section for them. You will place the 4 bollards and 3 rope sections at 5:00 pm. And collect them immediately after the race starts because the parade will be underway immediately. Store the equipment against the DND fence line.

At the completion of run duties, you will assist the Parade Group monitoring the spectators along the route. Please use your cell phone to request assistance in the case of an emergency. Dial 911.

Start Site coordinator: Grant Walker 902 830 9837

FINISH LINE @ 5849 UNIVERSITY AVENUE

<u>2 on point Greeters</u>: Runners approaching under the finish line Gantry are happy to have completed the 2.6 km. You will welcome and congratulate them on their achievement. HOWERVER, it's important to keep the immediate finish line area uncongested for the next approaching runners. Please guide the runners to the middle section of the chute area to receive their completion medal from QE2 Foundation staffers

<u>3 -4 QE2 **Medal Presenters**</u>: Place a medal over the head of the runners. Congratulate them and direct them to the back of the chute for direction to Water and Treats. A warm and welcoming annex within the Tupper Building LINK.

<u>2 on point Supplies Assistants</u>: Please keep the Medal Presenters supplied with the neck medals from the supply rack provided. At 5 PM you will load the rack with medals from boxed supplies.

<u>2 on point Path Escorts</u>: from the back of the chute, point the entrants to the Reception Hall of the TUPPER LINK for refreshments. Hot Chocolate and cookies.

At the completion of run duties, you will assist the Parade Group monitoring the spectators along the route. You will rejoin your other on point volunteers at the Delta Barrington food and drink.

Please use your cell phone to request assistance in the case of an emergency. Dial 911.

Finish Site coordinator: Phil McElroy 613 794 5375